

Alcohol & Drug
**Counselling
ONLINE**

Forum

Recovery orientated peer support community for people affected by their own or a significant other's alcohol and other drug use.

Join our

Peer Support Forum



Gain strategies, inspiration and empowerment from others with shared experiences.

Join our forum at:

forum.counsellingonline.org.au



A place to talk to others

Peer Support Forum

- Safe, confidential and non-judgemental community promoting social connectedness and healing.
- Open to all people who are making changes, regardless of where they are on their journey.
- Place for friends and family of those in recovery to gain support and advice in caring for themselves and others.
- Keep track of progress efforts and lifestyle changes.
- Structured, moderated and resourced by specialised professionals.

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